

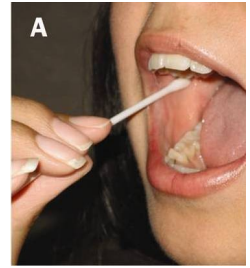


How to Become a Donor

www.aadp.org | 1- 800 -59 – DONOR

1. Join the Be The Match Registry

Complete a **consent form** and provide a **swab of cheek cells** for tissue typing. The registry is searchable by patients worldwide. Matching is based on genetic markers obtained from your cheek cells.



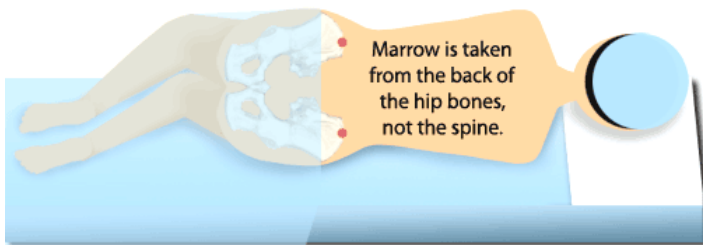
2. If you are a potential match

You will receive a call if you're a potential match. **Blood test** determines whether you are a patient's perfect match. The donor decides whether or not to continue.

3. Donation methods

The patient's **doctor decides which of these methods is best**. Which procedure will happen depends on the patient's age, health status and doctor's evaluations of the donor.

Marrow Collection (25% of donations)

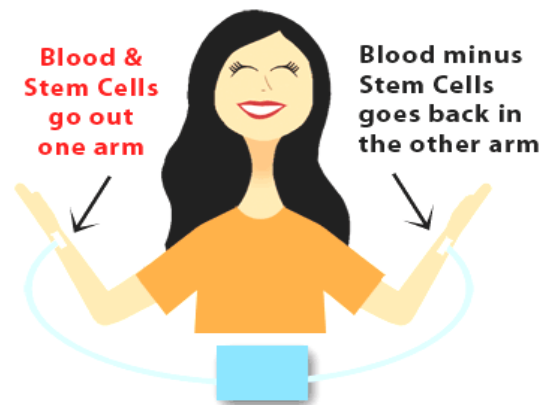


The Bone Marrow Donation Process
(Donors feel no pain during the marrow harvest itself as it is always performed with anesthesia)
www.MarrowDrives.org

A small amount of marrow is collected from your hip bone using a needle and syringe. Anesthesia is used during this simple hospital procedure so you do not feel the extraction.

After the donation, you may be sore for a few days to a few weeks while you recover, but normal activity may be resumed the day after. Your marrow replenishes itself within a few weeks.

PBSC Donation (75% of donations)



PBSC are collected by machine

Blood is drawn from your arm using a sterile needle and passes through a machine that separates out of the blood cells. The remaining blood returns to your other arm.

Before you donate, you receive injections of Filgrastim for 5 days to increase the number of blood-forming cells in your bloodstream. You may experience flu-like symptoms for a few days before donate because of the medication

After the donation, your body normalizes the very next day as 99% of the Filgrastim is gone from your body.